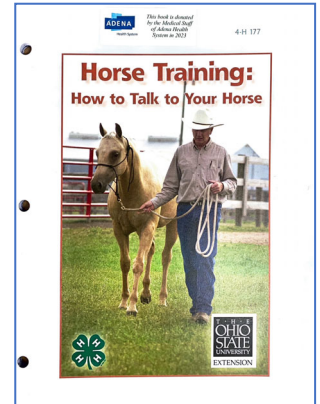


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Senior Requirements (ages 14-18)

SECTION FOUR: Leading Refined

1. On a separate piece of paper, write 1-2 sentences about something NEW you learned about each topic below. Be ready to discuss.
 - Chaining *and/or* Backing
 - Rearing and striking
 - Left side, right side, both sides *and/or* Staying on track



SECTION FIVE: Trailer Loading: Getting on is OK

2. On a separate piece of paper, write 1-2 sentences about something NEW you learned about each topic below. Be ready to discuss.
 - Getting off can be scary *and/or* Avoiding a way into the manger
 - Bad haulers who climb walls

SECTION SIX: Training the 2-Year-Old, the 3-Year-Old

3. On a separate piece of paper, write 1-2 sentences about something NEW you learned about each topic below. Be ready to discuss.
 - Sacking out *and/or* tightening the girth
 - Ground driving *and/or* Mounting
 - Check your brakes *and/or* Looking for signs
 - Handling the rein while mounted
 - Going round and round *and/or* Follow the leader
 - Look where you are going *and/or* When to start using a bit
 - Bridling the horse
4. Watch these videos found at <https://ohio4h.org/horsetrainingvideos>. Be prepared to discuss.
 - Video 4: Ground Driving
 - Video 5: Sacking Out, First Mounting and Riding, Changing to Two Reins
 - Video 6: The Bit and the Four Natural Aids Used to Ride and Backing the Difficult Horse

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Senior Requirements (continued)

SECTION SEVEN: The Basic Aids of Mounted Training

5. On a separate piece of paper, write 1-2 sentences about something NEW you learned about each topic below. Be ready to discuss.
 - Voice *and/or* hands
 - Seat *and/or* legs
 - Turn on forehand *and/or* turn on haunches

SECTION EIGHT: Counter Cues and Logs, Gates, Leads and Flying Changes

6. On a separate piece of paper, write 1-2 sentences about something NEW you learned about each topic below. Be ready to discuss.
 - Using obstacles in training
 - Making flying lead changes
7. Watch these videos found at <https://ohio4h.org/horsetrainingvideos>. Be prepared to discuss.
 - Video 7: Exercises for Flexion and Speed Control
 - Video 8: Bridleless Riding
 - Video 9: Use of Training Gimmicks

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8. Complete at least two leadership/citizenship experiences. Ask your club leader for ideas!
 9. Complete project book 190R “Equine Record Book” pages 4-16 and pages 17-18 as appropriate.