



**CFAES**

OHIO STATE UNIVERSITY

# COOKING +

This 4-week class will cover cooking skills, nutrition education, and food safety. Participants will prepare new recipes each week, learn to make healthier choices, and receive groceries and cooking incentives for attending all **four** classes.

**Class size is limited!**  
**Registration is required**

**Location:**

Pike Outreach Food Pantry  
306 Bridge Street  
Waverly, OH 45690

**Dates and Time:**

**All classes are on Mondays.**  
**February 5, 12, 19, and 26th**  
**5:00pm - 7:00pm**

**Cost:**

**Free and open to anyone.**

**Contact Tammy Jones at 740-289-4837 or [jones.5640@osu.edu](mailto:jones.5640@osu.edu) to register.**